



2022-2023

Woodcrest Elementary

Parent/Student

Handbook

16940 Krameria Avenue
Riverside, CA 92504
951-776-4122
Attendance Ext. 45656
Health Office Ext. 45675

Mission Statement:

***Woodcrest Elementary is creating compassionate and conscientious leaders and learners...
Every student, every day. We are TERRIFIC!***

2022-2023 Daily Schedule

This schedule is the same for all students, TK-6.

Regular Schedule:

****The first bell rings at 8:10. The tardy bell rings at 8:15.****

Monday, Tuesday, Thursday, and Friday: 8:15-2:40

Every Wednesday: **8:15-1:20** (Early release for teacher collaboration)

*****On collaboration days, teachers meet together beginning at 1:20 p.m. and cannot meet with parents after school. Please help us keep this time dedicated to each team's preparation for your child's learning. Thank you!**

Lunch Schedule

Kindergarten	10:55 - 11:40
<u>Grades 1-2</u>	<u>11:25 - 12:10</u>
<u>Grades 3-4</u>	<u>11:55 - 12:40</u>
<u>Grades 5-6</u>	<u>12:25 - 1:10</u>

Minimum Day Schedule:

The following 3 dates will follow a minimum day schedule:

October 29th, February 17th, May 13th.

*All students will attend from **8:15-11:45** on minimum days with a short 20 minute lunch break.*

Office hours are 7:30 A.M. - 4:00 P.M. (Monday - Friday)

Teacher work hours are 7:45 A.M. - 3:45 P.M.

Gates open for student arrival at 7:45.

*****Since there is NO supervision before 7:45, for your own child's safety, please do NOT drop off students before 7:45.**

Arrival

7:45 a.m.: THE BELL RINGS. THE FRONT GATE OPENS FOR STUDENT DROP OFF AND WALKERS. THE BUS GATE OPENS FOR BUS RIDERS AND STUDENT WALKERS. Parents may begin dropping off students at the front gate at 7:45 when supervision begins on campus. Please do NOT drop off students before 7:45. ***Kindergarten students go to the K playground. Students in grades 1-6 walk to their classrooms to drop off backpacks and then proceed to the playground. No students will be allowed to linger in the hallways.***

In the interest of student safety and campus security, parents who wish to be on campus to volunteer must check in through the office beginning at 8:30 when COVID restrictions are lifted. Parents are not permitted to enter through the front gate or bus gate. (Exception: On the first day of the school TK and K parents may walk their child to the classroom.)

8:10 a.m.: Bell rings signaling for students to line up. Gates, including the bus gate, are locked at this time and any students arriving after this time will enter through the office to join their class.

8:15 a.m.: Tardy bell rings. Any students entering after this bell will be marked as tardy.

8:15 a.m.: Instruction begins.

Departure

- Older Sibling Pick up of Students: An older child from Miller or King is allowed to pick up a younger sibling from Woodcrest if the parent so chooses. The older sibling is to wait in front of the school on the lawn or benches. Additionally, siblings need to follow school rules (for example, no riding skateboards or bicycles on campus) and be respectful to all adults and students, allowing parents and grandparents to use the benches if needed, and refraining from any disruptive behavior and/or language.
- First-Sixth Grade Dismissal: Students will exit the campus through the front gate if they are walking or being picked up. Bus riders will exit through the bus gate. All students are expected to go directly home unless they are participating in previously approved school activities.
- Kindergarten Dismissal: Kindergarten students will be dismissed through the double gate by the lunch court to a parent or guardian (grandparent, aunt, uncle, friend, older sibling, etc...) that is listed on the emergency card.
- Late Pick Up of Students: Any students who have not been picked up by 3:00 p.m. will be walked to the office for parent pick up. On early release days, students not picked up will be walked to the office at 1:55 p.m.

Traffic:

To ensure the safety of our students it is critical for everyone to follow the street signs for entering the Woodcrest parking lot as well as the exit arrows for departing the school lot.

- **Entrance to the school is only permitted on Washington as you turn right into the lot. Turning left from Washington to enter the parking lot is NOT permitted. Departing the school parking lot is only permitted off Krameria. Cars departing the lot should form two lines - those exiting on the left side must turn left onto Krameria and cars exiting on the right side must exit right onto Krameria.**

Teachers, parents and small children are walking through the parking lot and may not be visible as you are driving through the parking lot so thank you in advance for following all safety guidelines. Also, the yellow curb in the front of the school office is for dropping off and picking up students. **PLEASE DO NOT LEAVE CARS UNATTENDED AND DO NOT PARK UNLESS IN A MARKED PARKING SPACE.** Adhering to the rules will facilitate the traffic moving efficiently through the parking lot. Please, it is imperative that everyone follow the safety precautions and remain patient when dropping off or picking up children.

Attendance:

To report an absence, you may send a note with your student or call the school attendance line (951-776-4122, ext 45656) available 24 hours a day. Absences not cleared within 3 days will be recorded as truancies.

- **Tardies:** If your child has an early medical appointment and will be tardy to school, a note will be required to make it an excused tardy. Most doctors and dentists have a preprinted slip for this purpose. Please ask prior to returning your child to school. When you do return your child to school, please walk him/her into the front office in case there are any questions.
- **Early Release:** Parents picking up a child before the dismissal bell must sign their child out through the office. The office staff will call the child's classroom and have him/her come to the office. Early check out is intended for medical appointments and emergencies only. Unexcused early releases will be marked on student report cards under the tardy section. Students who have unexcused early releases will be disqualified from receiving perfect attendance awards.

Student Assistance Program

RUSD believes in supporting the whole child. As part of the Student Assistance Program, school sites are provided with access to a licensed family therapist referred to as a SAP Counselor. SAP Counselors provide short term individual and group counseling, connect families and students to school and community resources, conduct classroom lessons, enhance school wide PBIS systems, provide prevention services for bullying, violence, and substance abuse, and support families through meetings, support groups, and workshops. School staff may complete referrals for students to the SAP Counselor. Students and parents may also make referrals to SAP Counseling for social-emotional concerns including recent loss, appearing depressed, behavior, bullying, displaying signs of possible substance use or abuse, inconsistent school attendance, sudden drop in grades, family conflict or turmoil, etc. For more information or to request short term counseling for your student please speak to a site administrator.

Care Solace

Care Solace is available for use by RUSD students, staff, and families at no cost. CareSolace is an online resource with a live 24/7 concierge line meant to assist individuals in finding local mental health related programs and counseling services. To use Care Solace, individuals answer ten basic questions in order to receive an extensive list of referrals to applicable care providers. Care Solace takes into account all types of private insurance including Medi-Cal, Medicaid, and Medicare and those that have no insurance. The system also filters by age, gender, zip code and special request. Please note, this service is an optional resource available by choice and is not mandatory in any way. Care Solace does not require a user's name, address, phone number, or date of birth. If you are interested in seeking counseling-related services at this time, please consider visiting www.caresolace.com/rusdfamilies.

Independent Study: Contracts are available for students who are going to be absent for five or more consecutive days due to family emergencies or obligations. Woodcrest is on a traditional school schedule and it is expected that family vacations be planned for the summer months, Thanksgiving break, winter break, spring break, or district holidays.

Under the Independent Study Contract, a student is given assignments in advance to be completed during the absence from school; this allows the student to remain on pace with his class, and the student is credited for being in attendance. To arrange for an Independent Study Contract:

- Parent must contact the teacher **no less than 5 school days in advance** to make arrangements to complete the Independent Study Contract (ISC).
- The principal must approve the ISC.
- All work assigned **must be returned by the date noted on the contract, or the contract is void**, the work will not be accepted, and absences will be unexcused.
- Independent Study Contracts are accepted **after the first 10 days of school and before the last 10 days of school**.

Cafeteria Lunch Program: The lunch/grab and go program is free this school year but in years past... A well-balanced lunch for \$2.75, including milk, is served in our cafeteria daily, as well as a mid-morning snack for \$1.25 during recess. Prepayment of lunch/snack is required by paying online at www.paypams.com or by using the cafeteria drop box located by the cafeteria door that faces the playground. Place lunch money in an envelope and write the student's name, teacher name, and lunch number on the envelope. (All pupils are assigned a 6-digit ID number which they must learn to type into a keypad at the cashier's table. These "lunch numbers" remain constant from year to year.)

Pupils bringing lunch from home may purchase milk (50¢) or juice (75¢) with cash, not with money deposited in their lunch account. For those who qualify and complete the necessary application, subsidized meals are available. Applications may be obtained at school or on the school website, but are approved by the Nutrition Services Department. Families are notified of their eligibility by mail. Nutrition Service menus are available online.

Student Use of the Telephone: Students are not permitted to use the office telephone to call home for homework, lunch, or permission slips. Every classroom has a telephone. It is up to the teacher to decide if a telephone call is necessary. Cell phone use is not permitted during school except with teacher permission.

Students are the Messengers: Students take home report cards, notices and announcements, and bring parental notes from home to school. Therefore, it is important for parents to please check their child's backpack and/or binder for school letters, envelopes and flyers on a daily basis.

Classroom Deliveries: Items that are dropped off for students, (e.g., lunches, jackets, homework, instruments, etc.), will be placed on the office counter to retrieve at the next recess or lunch. Classrooms will not be disturbed during instruction.

Medications: All prescriptions and over the counter medications must be kept in the health office. School personnel can only dispense these medications with the signed authorization from both the physician and the parent. All medications must be dropped off and picked up by an adult. Forms are available in the office.

Lost and Found: Students assume the responsibility for their clothing, equipment, books and/or musical instruments. Parents should put first initial and last name on each child's personal belongings. Lost and found articles are turned in to the office or hung on the lost and found racks near the MPR. If your child has lost an item, please check their classroom and the clothes racks. Lost and found items not claimed are donated to charity periodically throughout the year.

Bicycle Policy: Students in grades 4-6 may ride bicycles to school. By law, these students **must wear** a safety helmet. Students who do not wear helmets will have their bike confiscated by staff and may be given monetary fines by the Riverside Police Department. Confiscated items will be returned to a parent/guardian when a helmet is produced.

Prohibited Electronics: No cameras, video cameras, video games, electronic toys, iPods, MP3 players, CD players, or any other electronic devices (except cell phones governed by District Policy) are permitted unless requested for instruction. Parents and students are hereby notified that school staff assume no liability for electronic devices and will not search for, investigate, nor attempt to recover any such item that is lost, stolen or broken on school grounds. Possession/misuse of any of the above items may result in confiscation by a teacher, the principal, or school personnel and will require a parent to claim it.

Textbooks/School Materials: Your child will receive textbooks and other school materials at the beginning of the year and is responsible for their condition. Textbooks and library books must be turned in at the end of the school year or before a student is withdrawn from school. You will be billed for the cost of replacing lost or damaged books.

Withholding Participation in Promotion and/or End of Year Activities: The principal of a school may deny a student's participation in *end of the year* student activities including: participation in non-academic activities, and participation in promotion ceremonies, for students who owe money for fines or damages to school district property or due to inappropriate behavior or misconduct (BP#5127).

Parent Involvement:

There are many opportunities for parents to become engaged in their child's learning at Woodcrest Elementary School. Volunteering remotely in your child's classroom is one way parents can actively engage and participate in their child's education (when COVID restrictions are lifted). Listed below are several other ways parents can become involved members of the Woodcrest learning community.

- **Parent Teacher Association (PTA):** Woodcrest has an active group of parents dedicated to supporting the learning of Woodcrest students. The PTA meets monthly for approximately one hour to discuss fundraising, educational programs, and services that will benefit Woodcrest students. For instance, the PTA, through parent support and fundraising, organizes the community Halloween Happening event, purchases books for our school library, buys supplies for teachers, organizes the Book Fairs, coordinates the Reflections program, supports the Thanksgiving food drive for needy families, funds the Spirit Stick incentive program for students exhibiting good citizenship and making positive choices, funds field trips, supports fundraising for putting technology in the hands of every student, sells spirit T-shirts and other motivational items for students, runs Red Ribbon Week, encourages fitness through participation in the 100 Mile Club and the list goes on and on. Thank you PTA! The PTA welcomes your attendance during the PTA meetings and throughout the year. For more information including the specific dates and times of the PTA meetings you may email the PTA at President@woodcrestpta.org or view the PTA website at woodcrestpta.org.
- **School Safety Committee:** This committee is comprised of the principal, 2 teachers, a classified staff member, and a parent. The committee will address safety concerns and will be responsible for the School Safety Plan approval process.
- **English Language Advisory Committee (ELAC):** Members of the ELAC have the opportunity to participate directly in their child's education as it relates to the educational program for English Language Learners (ELL). This committee meets at least four times per year. We encourage parents of English Language Learners to participate on this important committee to offer ideas, observations, and suggestions.
- **Parent Advisory Council:** Members of this group will provide input to school staff on the school plan, budget and other topics.



RUSD

RIVERSIDE UNIFIED
SCHOOL DISTRICT

2022-23 RUSD STUDENT DRESS CODE

RUSD provides engaging, innovative, and equitable learning experiences for all students.

The Board Policy 5132 (Dress & Grooming) was revised to:

Support a safe and inclusive
learning environment.

Reduce social conflict
and peer pressure.

Allow for students'
self-expression.

ALLOWABLE

Shirts/Tops/Dresses

- All shirts, tops or dresses must have at least one strap to secure over the shoulder or neck.

Pants/Sweatpants/Shorts/Skirts/Dresses

- All pants, sweatpants, shorts, skirts and dresses must cover undergarments.
- Straps on undergarments and visible waistbands are acceptable.

Shoes

- All styles of shoes are allowed.
- Activity-specific shoes are required for physical education (PE), outdoor and co-curricular activities.

Sun protective clothing

- Hats and sunglasses for outdoor use during the school day, without a physician's note or prescription.

NOT ALLOWABLE

Inappropriate Clothing

- Clothing or accessories with images or language that depict:
 - violence
 - drugs or alcohol (or any illegal item or activity)
 - hate speech, profanity, or pornography (including symbols)
 - Anything that could create a hostile or intimidating environment based on any protected class.
- Undergarments, sheer materials and swimwear of similar design worn as outerwear.

Headwear

- Headwear or clothing that obscures the face (except as a religious observance or health/safety-related guidelines, including health and safety facial coverings).

Gang Affiliated Apparel

- In consultation with law enforcement or other gang experts, the school administration may limit clothing or apparel where there is a reasonable basis for identifying clothing as gang affiliated.

PROGRESSIVE INTERVENTION

Students and parents have the primary responsibility for dress and grooming. The school district and individual schools are responsible for ensuring that a student's dress and grooming does not interfere with the health or safety of any student, and does not contribute to a hostile or intimidating learning environment.

No academic grade of a student shall be adversely affected based on non-compliance with the dress code, except Physical Education when failure to wear appropriate apparel arises from circumstances within the student's control.

Dress code violations will be resolved quickly to reduce loss of instructional time and addressed privately with individual students.

School sites will implement progressive interventions for dress code violations:

- Warning and self correct due dress code violation
- Offer students a change of nondescript and/or school-specific clothing
- Offer parent/guardian the opportunity to bring a change of clothes.
- Repeated violations may result in a parent-school conference and/or other means of correction

Principal's Plan for Discipline: What does the principal do when a child comes to the office for inappropriate behavior? We adhere to a progressive discipline system for each child. Interventions are applied as appropriate to each situation. The following alternatives are used:

- Counseling with the child about the behavior and how it affected others
- Recess detention (Thinking time, written reflections on behavior)
- Calling the parents, or having the child call the parents
- Sending written notification home (discipline referrals)
- Conferencing with the child, the parent, the teacher and the administrator
- Behavior contract written between student/teacher/parent/administrator
- On campus community service during recess
- After school detention - under state law, pupils may be detained at school for disciplinary or other reasons for up to one hour per day at the end of the school day. It is our policy to give students 24-hour notice of such detention.
- Request for parent to accompany child in the classroom
- Suspending the child (usually used only after other alternatives fail, except for severe infractions)
- Referral to Student Study Team
- Referral to the School Attendance Review Board
- Recommendation for expulsion (per Education Code)

Behavior Guidelines and General School Rules: We expect all children to follow school rules and demonstrate respect for school property, themselves, and others. In order for this to occur, the principal, parents, teachers, and students must work together to ensure orderly and safe conduct. In addition to the guidelines for suspension/expulsion, the following rules are made for the safety and security of all children. While these are general school rules, the specifics of each will be discussed in your child's classroom and at school-wide assemblies.

- Students must stay within prescribed areas at specified times.
- No personal items, toys, or balls may be brought from home including such things as: audio equipment, tape recorders, baseball bats, hard balls, spinners, trading cards, game boys, skateboards, and other playthings. The school/district is not responsible for lost or damaged personal property.
- Students may not be in possession of any dangerous objects, including but not limited to weapons, matches, sharp objects, firecrackers, bullets, pocket knives, and laser pointers.
- Running in the hallways and playing chase or tag on the playground are unsafe and not permitted.
- Roughhousing and play fighting often lead to injury; therefore, such activity is not permitted.
- All playground equipment needs to be used in a safe manner and in accordance with the specific instructions given by teachers or supervisors.

- Students are expected to use conflict management skills (7 Habits and Super 8 Rules) to resolve problems. Fighting, hitting, kicking, pushing or verbal abuse is never acceptable.
- **Buying/selling anything on campus is against the State law**, unless it is a sanctioned sale by a group such as PTA.
- Gum is not allowed at school. Snacks for recess should be healthy and eaten only at the lunch court tables.
- All children are expected to take proper care of school property and equipment. Students and their parents shall be responsible for all damage by students to school property or equipment. This responsibility applies in the matter of books and supplies of all kinds as well as equipment, buildings, and grounds (RUSD Policy 5131.5).
- Staff, students and parents will treat one another with respect and dignity. Students are expected to follow directions of all school personnel without delay, argument, or defiance.

Conflict Management: Conflict management is designed to help the student handle conflicts in a positive manner. Students are encouraged to use the following guidelines as they learn problem-solving techniques:

Super 8 Rules

- | | |
|-----------------------------|-----------------|
| 1. Talk it over ... listen. | 5. Take turns. |
| 2. Walk away. | 6. Share. |
| 3. Say ... I'm sorry. | 7. Ignore it. |
| 4. Do something else. | 8. Ask for help |

The 7 Habits and Problem Solving

- Habit 1:** **Be Proactive** - I choose how to act, rather than to react
- Habit 2:** **Begin With the End in Mind** - I think about how I want things to work out then take the steps I need to make that happen.
- Habit 3:** **Put First Things First** - I think about what is most important and act accordingly.
- Habit 4:** **Think Win-Win** - I am kind and think of ways to help everyone be happy.
- Habit 5:** **Seek First to Understand, Then to be Understood** - I try to understand other people's views and feelings, even if they are different than my own.
- Habit 6:** **Synergize** - I know that if we work together as a team we can come up with a better solution than we could alone.
- Habit 7:** **Sharpen the Saw** - I take care of myself (mind, body, and emotions) and am always learning to become a better person.

Self-Defense and Retaliation: Oftentimes, children who are engaged in physical responses will say that they were practicing self-defense. Self-defense is defined as only using the force necessary to get out of a dangerous situation. In the school setting, we teach children to get out of those situations by going directly to an adult who is always within close proximity. More often than not, a child's example of self-defense was retaliation, "getting even" or mutual combat. Please help us to teach the children the difference between self-defense and retaliation. This will be a valuable lesson as they move into secondary schools and their adult lives.

Kindergarten Playground Rules:

- ❖ **Bikes:** Students wait for the bikes near the line marked "STOP". Students ride counter clockwise only on the line on the concrete path. Students may only go around 2 times if other students are waiting for a turn. If no one is waiting for a bike, the students may continue to ride the bikes until another student wants a turn.
- ❖ **Blocks:** Students should use the blocks on the sidewalk by the red wall of the office building.
- ❖ **Jump Ropes:** Jump ropes are only to be used for jumping. The jump ropes should be used on the concrete only, away from the bike path.
- ❖ **Play Structure:** Students are not allowed to run on the play structure. There is no jumping off the play structure.
- ❖ **Slide:** Only one child on the slide at a time. Each child must wait for the person in front of them to slide down before going down the slide. Students must slide down on their bottoms, feet first. No sliding on feet, backwards, or head first.
- ❖ **Swings:** Students must sit on their bottoms the entire time while swinging and can only go forwards and backwards—not side to side. For safety reasons, students are not allowed to push other students on the swings. If all the swings are occupied, students must count to 20, or 10 two times (each swing up is one count), before the other child gets off. There is no jumping off the swings.
- ❖ **Tag:** There is no tag allowed—someone invariably ends up getting hurt.
- ❖ **Restroom:** If a student needs to use the restroom, they must ask permission first. Students will use the restroom in Room 4 and the door nearest the restroom will be left open during recess.
- ❖ **Health Office:** Student needing to go to the Health Office are sent with an Office Pass (white sheet) and a friend.
- ❖ **Lining Up:** When the bell rings, the students must stop playing, put the equipment away, and walk to their line.

- ❖ Planters: There is no playing in any planter. The students also may not walk on the circular concrete bench around the raised planter near Room 5.

Playground Rules, Grades 1-6

- ❖ Basic rules: Students are expected to be TERRIFIC (TRFCC)

TRUSTWORTHY, RESPECTFUL, RESPONSIBLE, FAIR, CARING, GOOD CITIZENS

Students will receive a Student Leadership Handbook that outlines all of our playground rules and expectations.

Snacks:

- ❖ Students are encouraged to bring healthy snacks and must sit at the lunch court tables to eat them.
- ❖ Students are not allowed to share food with their friends due to so many students with food allergies.
- ❖ Students must throw the trash in the trash can.

Bathrooms:

- ❖ Students are not allowed to "hang out" in the bathrooms, hallways, or on the stairs.
- ❖ They need to use the restroom, wash their hands and quickly exit.
- ❖ Students should wait for their friends on the playground, not inside the restroom.

General Equipment Rules:

- ❖ Use all equipment safely and carefully.
- ❖ Take turns on equipment.
- ❖ All games are "open" games and cannot be "locked." If games are full, then students need to wait and take turns to play.

Swings:

- ❖ Students must sit on their bottoms the entire time while swinging.
- ❖ Hold the chain with both hands.
- ❖ Swing facing the lunch court.
- ❖ Stand in front of the person who is swinging, far enough away so as not to be kicked

accidentally.

- ❖ Count up to **25** (each swing forward is one count) on a student if you want a turn and all other swings are full.
- ❖ Swing straight ahead only, no side to side, spinning, or jumping off the swings.
- ❖ Count backs are only allowed when the swings are full.

Monkey Bars:

- ❖ Students can only travel forward grasping the rungs of the ladder.
- ❖ Students must travel toward the lunch court.
- ❖ Students must wait on the ground until the person has completely exited the monkey bars.
- ❖ Standing, sitting, or climbing on top of the bars is not allowed.

Cargo Net:

- ❖ Both hands and feet need to be on the apparatus at all times. Students cannot hang from any section, and only have a maximum of five students at a time.

Stand-Up Teeter Totters:

- ❖ Only one person standing on each end at a time. No jumping off while the teeter totter is in motion. If students are waiting, they will count up to 30 starting with one-Woodcrest, two-Woodcrest, and so on.

Tether Ball:

- ❖ One player stands in each court. The server starts the game by tossing the ball into the air and striking it with their hand or fist in the direction s/he chooses. Their opponent may not strike the ball until it passes them on the second swing around the pole. As the ball travels, each player tries to hit it in an effort to wrap the rope completely around the pole. The player who wraps the rope completely around the pole first is the winner. During the game each player must remain in their own playing zone.
- ❖ Students cannot touch the rope at any time or else they are "out."
- ❖ Students can only hit the ball with their hands.
- ❖ Students cannot stop or catch the ball; if they do they are "out."

Balls:

- ❖ All balls need to be used for their appropriate activity/purpose.
- ❖ No balls or equipment from home.
- ❖ Balls will be located near the game for which they are used. For example, the basketballs will be in a basket near the basketball courts, soccer balls will be in a basket just inside the gate to the field, etc.
- ❖ Balls need to be placed in the correct basket at the end of recess.

Kickball:

- ❖ Similar to a game of baseball except played by kicking a ball.

Basketball:

- ❖ There should be no more than 10 students on the court, 5 players per team. If there are more than 5 team members, take turns on the court by rotating other players in from the sideline.
- ❖ Fouling, pushing, or tripping will cause you to be removed from the game.
- ❖ No games are "closed," anybody can join in on a court.
- ❖ If a court is full then students will need to play half court.

Soccer:

- ❖ There should not be more than 16 students playing in one game, 8 per team.
- ❖ Slide tackling, pushing, or hand balls are not allowed and will cause you to be removed from the game.
- ❖ Only one goalie at a time.
- ❖ Games can only be "closed" if there are too many students already playing; otherwise anybody can join a game.

Acceptable Games for the Volleyball Court

Volleyball:

- ❖ Volleyball is a game played by two teams made up of 1-9 players, 18 per court. The object of the game is to control the ball by volleying from one team on one side of the court to the other team on the opposite side of the court. The game starts with a person who serves the ball. A proper serve would require the player who serves to start from the right back side of the court, behind the white line without any assistance from teammates. Points are only awarded when your team serves. If the serving team misses, they do not lose the point, they lose the opportunity to serve.

Netball:

- ❖ Net ball is similar to a game of volleyball, but it is a game of throwing and catching. Instead of hitting the ball back and forth, players will catch and throw. The start of a game will be a team member throwing the ball over the net (from the back right side of their court) to the opposing team. The team who receives the ball from the opposite team, will need to catch the ball and pass it twice to other team members before throwing it over the net to the opposing team. Player who catches the ball will only be allowed to hold the ball for no more than 2 seconds (think hot potato).
- ❖ Points are only awarded when your team is serving. If the serving team misses, they do not lose the point, they lose the opportunity to serve.
- ❖ The first team to reach 15 or 21 points wins. Decide at the beginning of the game if you are playing to 15 or 21.

Blacktop:

- ❖ Students are required to walk on the blacktop except while playing basketball. Running is allowed on the field.

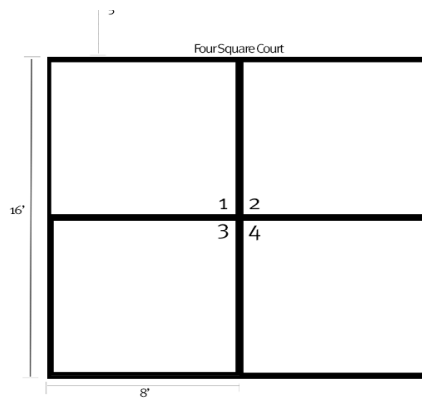
Field:

- ❖ Students are not allowed behind the soccer goal by the homes (due to the family with the dog).
- ❖ Students are not allowed behind the baseball backstop except when supervised by a teacher during PE
- ❖ Students may not horseplay by tackling, jumping, or tagging each other.

Four Square:

❖ The Rules of the Game

The object of the game of four square is to eliminate players in higher squares so that you can advance to the highest square yourself. Four square is played with a bouncy ball on a square court. There will be a maximum of four players per game. Each person will take a position on the court occupying a quarter ($\frac{1}{4}$) of the court. The ball is bounced between players in squares until a player makes an error and is eliminated. Eliminated players must leave the court, and the remaining players need to advance and fill the empty squares. The player who joins from the line will start in the lowest ranked square (4).



- ❖ Please use the proper ball assigned for Four-Square.
- ❖ Follow the school rules when playing the game.
- ❖ 1 person per square (No "Guardians")
- ❖ During play, players may only hit the ball with their hands.
- ❖ The ball may be hit with open hands or closed fists.
- ❖ Players may not catch, carry, hold, or throw the ball at any time during play.
- ❖ Players must bounce the ball and not roll it out.
- ❖ You may not cut in line or give any person permission to cut in front of you.
- ❖ Once you are eliminated from the game, you must go to the end of the line.
- ❖ There are no permanent spots for people (chain locks)
- ❖ Any foul language, interference, or physical contact means you will lose the privilege of playing four square.
- ❖ Do not throw/kick the ball when angry- You will lose the privilege of playing four square.

Bushes:

- ❖ Students can not be on, behind, or close to the bushes, fire lane, or the classrooms.
- ❖ Do not hide balls in the bushes.

Jump Ropes:

- ❖ Jump ropes are used ONLY for jumping - NO helicopters or tying ropes together.

Tag:

- ❖ There is absolutely no tag allowed! This is for the safety of the students!

Health Office:

- ❖ If a student needs to go to the health office they must have a pass from a yard duty teacher or supervisor.

Lining Up:

- ❖ When the bell rings, students need to freeze (stop moving and talking) Teacher or adult on duty will blow the whistle, and students will walk to their line and wait quietly for their teacher.

NO NATION BALL, DODGE BALL, OR BASEBALL DURING RECESS.

These are PE games only.